

## Year 2

Year 2 have been working hard at creating different procedures in their writing. Students were asked to create a procedure to make stained glass window crosses. Have a read of these great procedures and see whether or not these help you to create a stained glass window cross.



### Kitty- My Procedure

#### Utensils (e.g. plates/forks)

- contact
- scissors
- Confetti paper
- Black paper
- Template on white paper

#### Method:

1. Get a template of a cross
2. Cut the template out
3. Trace the cross on a piece of black paper
4. Cut the black paper following the traced line
5. Fold the black paper in half
6. Draw a smaller cross on the black paper
7. Cut the black paper to get an outline of a small cross inside
8. Put the black cross onto clear contact
9. Put some colourful confetti paper on the contact
10. Put another piece of clear contact to cover the confetti
11. Cut the clear contact following the shape of the black cross.

### Aarna- My Procedure

#### Utensils/Equipments (e.g. plates/forks)

- 2 clear contact sheets
- 1 print out of a cross
- 1 black paper
- confetti
- scissors
- Led pencil

#### Method:

1. Get a print out of a cross and cut it out.
2. Put it on a black paper and trace it.
3. Cut out the trace of the cross on the black paper and fold it.
4. Trace the folded black paper cross and cut the trace out of the folded cross.
5. Put 1 clear contact sheet on the table and place the black outlining of a cross onto the clear contact sheet.
6. Add confetti into the clear space that is inside of the cross.
7. Put a clear contact sheet on the cross.
8. Cut out the outside of the cross
9. Stick it on your window .

### Cairee- My Procedure

#### Equipment

- Cross print out
- Black construction paper
- Pencil
- Contact plastic
- Coloured paper in circular shapes
- scissors

#### Method:

1. Print out a cross, then cut it out with scissors.
2. Trace the cross cut out in the black construction paper with a pencil.
3. Fold the black paper in half.
4. Draw lines on the **side** of the paper with the pencil to make a smaller cross.
5. Cut the markings with the scissors.
6. Now get the contact plastic and put the cross on top of the plastic.
7. Grab colored paper and sprinkle it on the top of the cross outline.
8. Put another contact plastic on the top.
9. Cut the excess plastic.

For their end product, students will be choosing one dish to create for a Holy Family School Fair. We are so proud of how our Year 2 students are going!

## From The Principal

Keeping active and healthy is important for our physical and mental wellbeing, particularly at this time when we are required to stay at home.

To support the health and wellbeing of staff and families, Western Sydney Local Health District (WSLHD) has developed a toolkit of **"Healthy@Home"** social media tiles and messages that you can share with your families via your school communication channels such as Facebook or newsletters. Please forward this information to the relevant staff at your school who manage this.

The Healthy@Home tiles - which you can download [here](#) - provide families with practical tips and resources for:

- being active
- eating well
- staying connected
- supporting mental wellbeing.

There are a range of tiles you can choose to download including some which have been translated into other languages. We hope the practical tips and information are helpful for your families at this time.

The information is housed on the WSLHD [Covid 19 Community Resources for Western Sydney](#) web page, where you'll find a lot of local COVID-19 related information (linked to NSW Govt sites)

## Mental Health and Our Children - Watch for Warning Signs

The ever-changing restrictions and lockdowns are all situations outside of our control. Not just the virus itself but all the other aspects of life that might be impacted including work, finances, school, socialising and travel.

Many of us are experiencing a variety of emotions ranging from fear to anxiety, which are considered normal and natural responses. If you notice any changes in your child's behaviour and mood, I have included some 'Red Flags' you should be alerted for. These signs include:

- Low self esteem
- Loss of interest in favourite pastimes
- Unexpected and dramatic decline in academic performance
- Personality shifts and changes, such as aggressiveness and excess anger
- Excessive sleeping or lack of sleep
- Feeling sad and unhappy
- Inability to concentrate
- Excessive fear
- Mood changes
- Easy irritability
- Withdrawal from friends and activities
- Inability to study
- Easily distracted
- Loss of drive and motivation

- Loss of concentration
- Feeling tired and lethargic
- Inability to cope with daily stress or problems
- Loss of appetite or excessive eating
- Emotional

Keep communication clear, open and honest. A conversation can make a difference in helping your child feel less alone and more supported in managing their difficulties. Do not underestimate the importance of just 'being there'. Share and talk about your own experiences and fears that you are struggling with and let them know that they are not alone.

If you feel that your concerns are serious, discuss them with your General Practitioner or Paediatrician.

The School Counsellor is also available for a chat and can be contacted via the school office to discuss your concerns and worries.

### The following services are available:

Kids Helpline 1800 55 1800

Lifeline 13 11 14

NSW Mental Health Line 1800 511 011

### **Please update your contact details**

*On Monday 16 August you would have received an email or SMS (for those parents without email) from Catholic Education Diocese of Parramatta (CEDP) asking you to review and, where necessary, update the key information they hold about your children currently enrolled in CEDP schools.*

*The purpose of this review is to ensure that CEDP has the right details to correctly identify and support students, including contacting families in an emergency or to share important updates.*

*Steps have been taken to ensure this process is as secure as possible to protect your information and your family's privacy. Your information is only accessed by authorised staff when it is necessary and in accordance with our [Privacy Policy](#).*

*The link is **open until Friday 3 September** and I encourage you to complete the review/update as soon as possible to ensure that your family's correct details are on file. This is particularly important as Greater Sydney remains in lockdown due to the COVID-19 outbreak.*

*This [short "how to" video](#) may assist you with completing the process (use the closed caption icon to turn on subtitles). Please don't hesitate to contact the school office if you have any questions or concerns.*

*Only one person per family needs to complete the survey and it takes about 15 minutes to complete. If you have any questions or to seek help, please contact the CEDP Community Liaison Team on **9840 5796**.*

## Community News

As I stated in my letter to families last Friday, one of our families had tested positive for COVID-19. I am pleased to say that the mother, although still in hospital, is slowly recovering and is out of ICU. The remainder of the family is also

recovering and is in isolation. Please keep this family and all families suffering at the moment in your prayers. 🙏



Congratulations to the Bartolome family (Mia ,Year 1) on the safe arrival of a baby boy on Monday 9th August.

God Bless and stay safe

*Cheryl Fortini*



## HOLY FAMILY PRIMARY EAST GRANVILLE

Enrolling now

for 2022

199 The Trongate, East Granville  
8633 8200 Register at  
[www.hfgranville.catholic.edu.au](http://www.hfgranville.catholic.edu.au)



## THE ASSUMPTION OF THE BLESSED VIRGIN MARY

On the 15th August, the Church celebrated the Feast Day of the Assumption of the Blessed Virgin when according to our faith, the Holy Mother, “having completed her course of her earthly life, was assumed body and soul into heavenly glory”.

While the bodies of both Jesus and Mary are now in heaven, there is a difference between the Assumption and the Resurrection. Where Jesus arose from the tomb and ascended into heaven by his own power, Mary’s body was taken up to heaven by the power of her Son.

For this reason we use different words to describe each event. One is the Ascension of Christ and the other, the Assumption of Mary.



As evidenced by the writings of many early Church fathers, Christians have believed for more than a millennium that the Blessed Virgin was assumed into heaven.

In 1950, Pope Pius XII issued *Munificentissimus Deus*, which officially defined the **Dogma** (a principle or set of principles laid down by an authority as incontrovertibly true) of the Assumption. This means that the Church officially recognises this belief as a true and necessary part of our Catholic beliefs about Mary.

Like all beliefs about Mary, they illuminate our most treasured beliefs about her Son. The Assumption illustrates to us the truth about Christ’s promise of eternal life and the resurrection of the faithful.



[CHECK OUT KINDERGARTEN'S  
DRAWINGS ON THE FEAST OF THE  
ASSUMPTION OF MARY](#)

## PRAYER FOR THE ASSUMPTION OF MARY

Father in heaven,  
all creation rightly gives you praise,  
for all life and all holiness come from you.  
In the plan of your wisdom  
she who bore the Christ in her womb  
was raised body and soul in glory to be with him in heaven.  
May we follow her example in reflecting your holiness  
and join in her hymn of endless love and praise.  
We ask this through Christ our Lord.  
Amen.

Ever wonder about Catholics' relationship with the Virgin Mary? The video linked below responds to this question.

## MARY In Two Minutes

### PASTORAL LETTER FROM BISHOP VINCENT RE: THE COVID-19 VACCINATION

Please find attached a pastoral letter to the faithful of the Diocese of Parramatta on the COVID-19 vaccination from Bishop Vincent Long OFM Conv.



[Pastoral Letter](#)

### Other News

## LIBRARY NEWS

**The Premier's Reading Challenge will close now  
on  
Friday 3<sup>rd</sup> September 2021**

If you are completing the records online, they will be validated once they come up on the computer.

If you are listing your books on the personal reading log sheets, please forward them to myself by this date, **even if completed or not.**

**If you are having trouble finding books to read, you can go into SORA or your own personal books at home.**

**Yours in reading  
Mrs Gordon**



NSW Department of Education

### 2021 NSW Premier's Reading Challenge

Start reading now!

[www.premiersreadingchallenge.nsw.edu.au](http://www.premiersreadingchallenge.nsw.edu.au)

Key dates for students in K-10:  
Challenge opens Monday March 1  
Challenge closes for student entries Friday August 20

Artwork by Dr Bronwyn Bancroft





## SCHOLASTIC BOOK CLUB ISSUE 6

In response to the extended lockdown in some areas of NSW, scholastics have added the temporary option for parents to select **home delivery** when placing their Book Club orders. This option will enable you to place and receive book orders while your children are undertaking learning at home.

Parents will be provided with the option to select either **school** or **home delivery** for any new Book Club Orders they place. This will help give your students access to great books and resources while they're at home.

The **home delivery option** will automatically be added to schools in the lockdown area, and the [catalogue](#) is available to view on LOOP, see the links below.

Please note:

- The **home delivery** option can be selected by parents at the time of ordering at a cost of \$7.50.
- **School deliveries** will still be sent to the school once the school has finalised the order.

**As our school is now cashless we encourage all families wishing to order book club to do so through the below online portal links.**





## Other news



## A Virtual Book Week

Next week is **Book Week**. Holy Family will be celebrating and participating in a variety of activities that teachers will be sharing with their students in the coming days. Each day there will be a particular focus and we will be waiting with anticipation to see all the wonderful, imaginative and creative student responses to these activities. This is a great way to celebrate the joy of reading at home and with your family.

## PBS4U!

Last week we created tip sheets for working productively online. Here are some of our suggestions.

### Tips for completing tasks online;

**1. Take breaks (go for a run, listen to music, play outside in the backyard).**

**2. Take snacks inbetween tasks.**

**3. Ask the teacher or parent to help you, if you cant understand a task.**

**4. Do the best you can in completing the tasks. If you couldnt complete them, you have the next day or week to finalise the work.**

**5. Make sure you always stretch out your arms and legs.**

**6. Always smile and dont stress out.**



#### TIPS FOR ONLINE LEARNING

Have breaks daily  
Go outside, do yoga, do your favourite skill, meditate, and talk to friends or family.

Have an organised and neat workplace  
Like a desk, any table, stationary.

Be early and ready, so you can have a good start, so your day can flow  
Get ready and wake up early, sleep earlier.

Contribute to class discussions and activities  
When you participate in class activities you will be on task.

Create and design a schedule and timetable for how your day goes  
You will know when and what to do.

Try to stay motivated in your work  
Be interested in your work, be persistent.

Jamee

Time	Task	Activity	Goal	Notes
8:00	Wake up	Get ready	Get ready	Wake up
8:30	Breakfast	Get ready	Get ready	Breakfast
9:00	Online Learning	Get ready	Get ready	Online Learning
9:30	Break	Get ready	Get ready	Break
10:00	Online Learning	Get ready	Get ready	Online Learning
10:30	Break	Get ready	Get ready	Break
11:00	Online Learning	Get ready	Get ready	Online Learning
11:30	Break	Get ready	Get ready	Break
12:00	Lunch	Get ready	Get ready	Lunch
12:30	Online Learning	Get ready	Get ready	Online Learning
13:00	Break	Get ready	Get ready	Break
13:30	Online Learning	Get ready	Get ready	Online Learning
14:00	Break	Get ready	Get ready	Break
14:30	Online Learning	Get ready	Get ready	Online Learning
15:00	Break	Get ready	Get ready	Break
15:30	Online Learning	Get ready	Get ready	Online Learning
16:00	Break	Get ready	Get ready	Break
16:30	Online Learning	Get ready	Get ready	Online Learning
17:00	Break	Get ready	Get ready	Break
17:30	Online Learning	Get ready	Get ready	Online Learning
18:00	Break	Get ready	Get ready	Break
18:30	Online Learning	Get ready	Get ready	Online Learning
19:00	Break	Get ready	Get ready	Break
19:30	Online Learning	Get ready	Get ready	Online Learning
20:00	Break	Get ready	Get ready	Break
20:30	Online Learning	Get ready	Get ready	Online Learning
21:00	Break	Get ready	Get ready	Break
21:30	Online Learning	Get ready	Get ready	Online Learning
22:00	Break	Get ready	Get ready	Break
22:30	Online Learning	Get ready	Get ready	Online Learning
23:00	Break	Get ready	Get ready	Break
23:30	Online Learning	Get ready	Get ready	Online Learning
24:00	Break	Get ready	Get ready	Break

Create a Daily Timetable



Take Regular Breaks



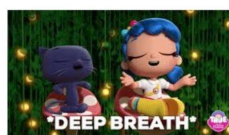
Read the Task Carefully



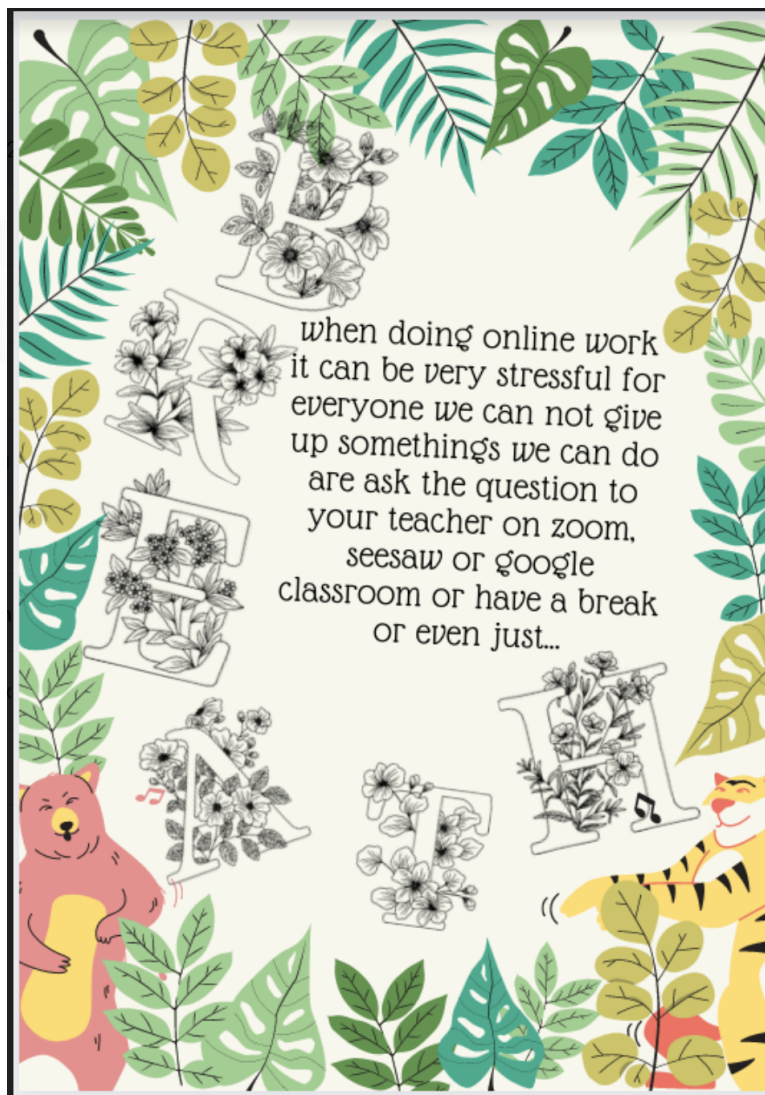
Be Creative



Ask Questions

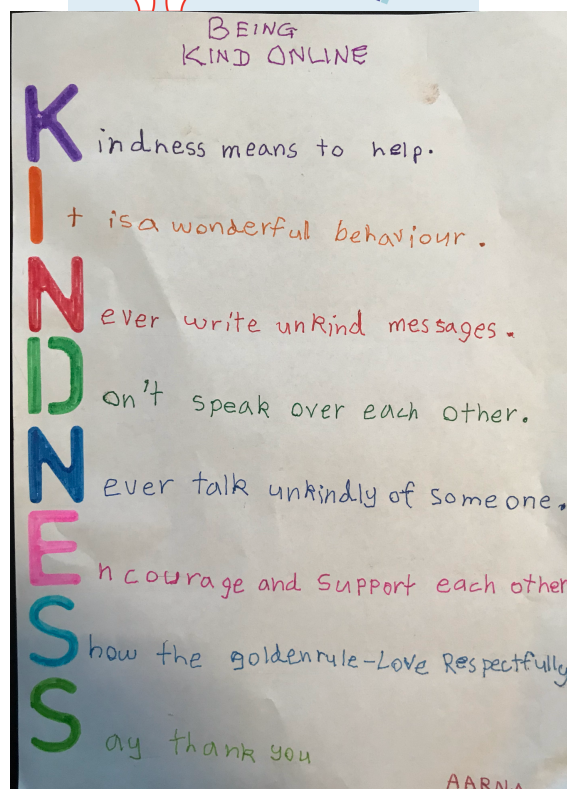


Remember to Breathe





This week we looked at being Jesus like and treating others how we would want to be treated when working online. We promoted this message in a variety of ways.



Remember to watch the weekly videos on our facebook page, showcasing the students' hard work!

**Staff Development Days** - Our next Staff Development Day is currently scheduled for Tuesday 5th October.

### **Absentee Note System**

If a teacher marks a student as 'Not Present' an SMS will go out to parents around 12 pm. Please click on the link in the SMS and follow the instructions to respond. If you do not receive an SMS or are unable to follow the link please send a note in with your child when they return. If you need help please see Miss Keane in the office. All notes must be returned within **7 days** of the absence or the student will be marked as 'Unexplained, unjustified absence'.

**Any students leaving in 2021 must give 10 weeks written notice to the school, a form is available from the office. Term 1 school fees are now overdue. Term 2 statements have been sent to your mailing address, please contact the office if you have not received it.**

Students **away or sent home due to cold or flu like symptoms** must supply negative covid test results or a Doctor's certificate stating why they do not require a test and that they are fit to return to school. Please email these to [holyfamilyegranville@parra.catholic.edu.au](mailto:holyfamilyegranville@parra.catholic.edu.au) **before** sending them back to school or have them bring them to the office before going into the classroom. Thank you for your help in keeping us all Covid safe.

Holy Family is going '**CASHLESS**' as directed by CEDP. Thank you to all those families who have changed over to paying online or by card. Could parents ordering from **BOOK CLUB** please also start using the online instructions on the order form rather than sending cash into school with students.



Term 3 school fee statements have been sent out. You are still able to make your term 3 payment online or at a post office. If you would like to know your outstanding balance or have not received your statement please email [hali1@parra.catholic.edu.au](mailto:hali1@parra.catholic.edu.au).

## HFS Parent Calendar - Term 3, 2021

Week	Date	Event
1	Tuesday 13/7	Online Learning Begins
2	Monday 19/7	Online Learning Continues
3	Monday 26/7	Online Learning Continues - Grandparents Day Liturgy
4	Monday 2/8	Online Learning Continues
5	Monday 9/8	St Mary of the Cross Feast Day Liturgy (Slideshow) Online Learning Continues
6	Monday 16/8	Online Learning Continues
7	Monday 23/8	Online Learning Continues Book Week Activities Virtually
8	Monday 30/8	
9	Friday 10/9	Celebration of Learning - K, 1, & 2 - 9:00am TBC
10	Friday 17/9	End of Term 3

**Term 3 - Last day Friday 17th September**