Scripture Reflection

The readings this week urge us to place our trust in God. We shouldn’t sweat the small stuff but ‘Set your hearts on his kingdom first, and on his righteousness, and all these other things will be given you as well. So do not worry about tomorrow; tomorrow will take care of itself.’ (Mt 6: 32-34) St Paul tells us in the 2nd Reading that we need to be Christ’s servants and worthy of the trust God has in us. In this lead up to Lent it is time to reflect on the things we worry about and which of those we should place in God’s trust.

Christian Meditation

This year we are introducing the children to Christian Meditation. Over this term classes will be introducing the children to times of quietness and stillness building up to 1 minute per child’s year of age. Classes will determine the most appropriate time of the day for their children to undertake this daily experience. More information will follow in the coming weeks.

St Paul named the fruits of prayer in his letter to the Galatians (5:22): joy, peace, patience, gentleness, fidelity, goodness, self-control, kindness and love.

Ash Wednesday

Next Wednesday Years 3 to 6 will be attending the Parish As Wednesday Mass at 9:10. Years K to 2 will be having an Ash Wednesday Liturgy in the School Hall at 10:30. Please feel free to join us at one of these special celebrations of the beginning of Lent.
**Calendar**

**February/March**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Friday 28th Feb</td>
<td>2.00pm Whole School Assembly—led by years 1,3 and 5</td>
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<tr>
<td>Wednesday 5th</td>
<td>Ash Wednesday</td>
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<tr>
<td>March</td>
<td>Easter raffle Tickets Distributed</td>
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<tr>
<td>Friday 7th</td>
<td><strong>Staff Development Day—No school for students</strong></td>
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**Making Our School Beautiful!**

On Friday the 28th of February, it is Clean Up Schools Day. Holy Family will be participating in this event by cleaning up our school and its surroundings.

We supply the gloves and bags and are looking forward to the day.

Holy Family School is now the proud owners of a collection of worm towers. Our food scraps from Crunch and Sip each day will now be recycled by our resident worms, who in turn will provide our gardens with nutrient-rich soil.

Our thanks go to Mr Munday, Mrs Treddinick and our amazing Environmental Committee for their help setting up and maintaining the worm farms.

*By the Environmental Committee.*

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**Birthday Celebrations!**

_Congratulations to the following students who celebrate their birthday this week: Britney Youssef, Angelina El Boutty, Joe Arida, Luciana Arida, Angelina Wehbe and Tony Soukkar._

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**ZONE SWIMMING CARNIVAL**

On Tuesday 18th February, Stanley Ng, Laura Awad, Hugo Ng, Vanessa El Hayek, Alexander Lehnen and Geoffrey Mok attended the Parramatta Zone Swimming Carnival.

The day was our most successful Zone Carnival in many years and all the children either swam a personal best or were very close to it. Five children are going to the Diocesan Swimming Carnival on Friday 28th February at Blacktown Pool. Congratulations to Alexander, Stanley, Laura, Hugo and Geoffrey who will be competing in a number of events on this day.

A special thank you to our two parent helpers Ms Lehnen for helping to marshal the children and Mr Awad as a place judge.

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**Premier Reading Challenge**

Each year the children can complete in the challenge. After they have completed the required number of books, depending on their year, they will receive a Certificate from the Premier. This is handed out at the end of year Presentation Day. If you would like your child to participate in the Challenge, the information and forms can be collected from Mrs Gordon in the Library.

Yours in reading.
Mrs Gordon Library Assistant

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_In Christ we Live, Love and Learn._
All couples go through periods where their relationship is strained. Stress, sleep-deprivation, demands from family and work can starve your marriage of the positive energy it needs and deserves. Soon, you find yourselves arguing more often, making up with less enthusiasm and becoming someone even you yourself don’t like.

If this sounds like you, or someone you love, it’s time to do something about it!

The SmartLoving BreakThrough Workshop is a practical, solution-focussed event for all stages of marriage. Drawing on contemporary research and Catholic theology, this workshop will arm you with skills and insights to transform your relationship into the thriving, joy-filled encounter that it is meant to be.

- Identify your conflict triggers
- Learn strategies to de-escalate an argument
- Understand what the real issues are
- Find constructive ways to re-establish connection

**Workshop Details**

**Sunday, March 23**

2–5pm

Holy Family School Hall 32 Willowdene Ave Luddenham NSW 2745

Donation at the door (afternoon tea provided)

Bookings essential

Call Jess: 02 9319 6280

info@smartloving.org

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**Pancake Day**

**Tuesday 4th March**

| 1 x Pancake | $2.50 |
| 2 x Pancake’s | $3.00 |

Please circle choice’s:

- Maple Syrup
- Plain Butter or Lemon & sugar
- Ice Cream – Extra – 60c
- Banana – Extra 60c
- Strawberries – Extra 60c

Name:  
Class:  
Amount:  

Circle your choice and paste this flyer on a lunch bag. Must be in by Friday 28th February